



Supporting Small Business & Mental Health Awareness in May

During our **Any Given Monday** sessions in May, we explored leadership themes that reminded us of the delicate balance between professional ambition and personal well-being. We shopped with other small businesses like @IamGodzGurl and attending key business events this month like the **Bronx Bankers Breakfast**, **NYPA MWBE Expo**, **Small Business Expo at the Javits Center**, and the **NYC SBS Small Business Expo** which reinforced a critical truth:

business development never ends.

Whether it's networking, learning new strategies, or deepening community ties, the entrepreneurial journey is a never-ending pursuit of excellence.

How will you support a small business?



One of May's highlights was an unforgettable golf experience in Scotland. After hosting 170 of our client's staff for an offsite retreat, we needed to pause and reflect on making our experiential learning more scalable and highlight the work beyond play. We spent ten days of uninterrupted golf and time spent on legendary courses like **Prestwick**, **Machrihanish Golf Club**, and **Western Gailes** this time, created space for free thinking, personal growth, and reflection.

As entrepreneurs, we are often caught in the cycle of non-stop decision-making, but this time allowed for clarity and an expanded perspective. Playing alongside local caddies, who live and work in these historic towns, underscored a fundamental truth: **business is not just about transactions, but about supporting communities**. Entrepreneurship at its best means lifting up local businesses, engaging deeply with new cultures, and embracing the broader impact of our work.



Looking Ahead: A Commitment to Growth

To Learn More, Book a 15-min Call

Carry the lessons of May with you by investing in small businesses, prioritizing mental well-being, and embracing moments of reflection. Whether on the golf course or in the boardroom, growth happens when we remain open to new experiences and community connections. Let's continue building, learning, and supporting the businesses that make our communities thrive.

Why Hire Us for Your Executive Retreat?

IN-18 LLC designs executive retreats that go beyond routine meetings, creating strategic experiences that **foster leadership alignment, innovation, and lasting impact**. Our expert facilitation ensures meaningful discussions, customized sessions, and actionable outcomes **that drive real business results**. Elevate your leadership team with a retreat tailored to strengthen collaboration, decision-making, and long-term success.

 [Schedule a consultation](#) to explore how we can support your goals.

If you believe in leadership that reflects courage, connection, and culture, [Book a call with LJ Finney](#).

It's Not Just a Golf Outing - It's Giving Back

Friday, July 18

Finer Life Golf Foundation Annual Fundraiser



Don't Wait, Register To Play!

You will inspire the next generation by attending!

This year we host a Putting Clinic and lunch for 60 young men ages 12-16 from the Harlem and Far Rockaway Giants NYPD CAB football teams. We would appreciate your support, donate or play at **Pelham Split Rock Golf Course in the Bronx**.

The outing is designed to be a unique opportunity to entertain clients, strengthen professional relationships, and support youth development by introducing children in under-resourced communities to leadership through the game of golf.

To join as a sponsor, [Contact Marketing@finerlifegolf.org](mailto:Marketing@finerlifegolf.org)

Any Given Monday, Every Week in June



Any Given Monday, Subscribe on YouTube

In June, **Any Given Monday** will focus on **Effective Team Building**, giving executive leaders actionable strategies to strengthen their teams.

Each 18-minute session will tackle key elements of leadership, including:

- ✓ **Building Trust & Psychological Safety** – Building a culture where teams thrive
- ✓ **Enhancing Communication** – Improving clarity and conflict resolution
- ✓ **Driving Accountability** – Encouraging ownership without micromanagement
- ✓ **Sustaining Growth** – Developing future leaders and long-term success

Because in business, **growth never stops**.

Join us on Monday's @10AM

Feel free to **share** this newsletter with colleagues and on social media (@in18llc)