

It is a great time...to Self-Reflect

With 2022 coming to a close, it's time to take a step back and reflect on all you have done this year. What were you able to accomplish? Are there some things you still need to work on in 2023? It's important to give yourself permission to acknowledge that what you did this year was enough. Remind yourself to be intentional, even if you want to work on one thing at a time.

Self-reflection increases one's self-awareness. How so? Self-awareness allows you to focus on your thoughts, actions or emotions and evaluate if they are a part of your current identity. If you recall, self-awareness was our theme for November. **To self-reflect means to asses those thoughts by digging deeper into ourselves and it can get uncomfortable.**

Not quite sure how to tap into your thoughts?

aligning with your goals or what you haven't been able to achieve this year. Also, Stop doing work and activities that distract you from your true goals. Think about what you would like to get done in the new year. Start identifying the steps that bring you closer to those goals and monitor how they progress. As for the last step, Continue doing what is working for you and your business. If you've already achieved your goals, it's a great time to reflect (and practice gratitude).

Use the Stop, Start and Continue method (SSC). Stop and think about what isn't

achieved your goals, it's a great time to reflect (and practice gratitude).



reflection for our Monday Motivation posts. Be sure to check it out on our social media channels, @in18llc .

2022 is almost over. It's time to reflect on your business. Try a Q4 reboot.

One DEPOORT

Operations Audit



Consultation Q4 is the most important time of the

year for you to ask yourself if your business has all the requirements and tools to excel before the year is over.

IN-18 is offering a 30 minute operations audit consultation, which helps businesses discover risks and provide insight on situations so they can adapt accordingly. All it takes is 4 simple steps.

Book a call here

During the fourth quarter, IN-18 helped managed the 2022 Golf and Tennis Classic

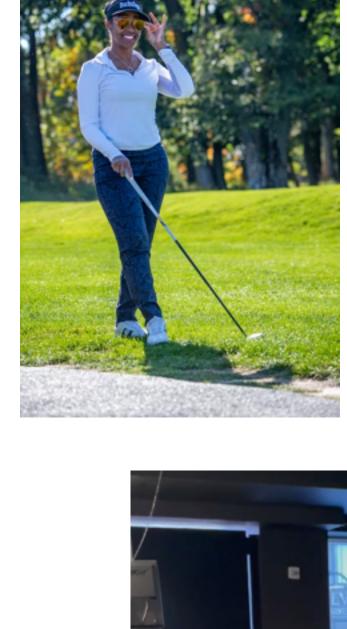
Q4 Review for 2022

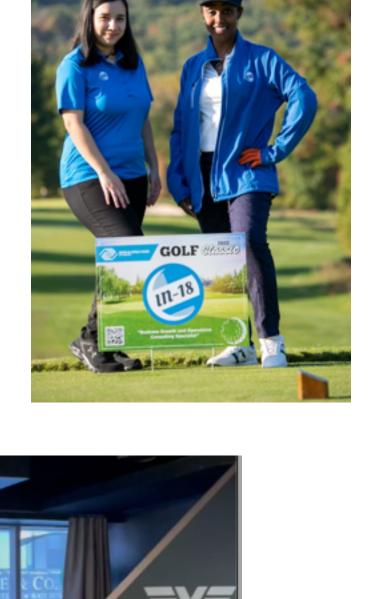
at Paramount Country Club, on October 11, 2022, for the Harlem Boys and Girls Club. IN-18 also launched a 30 minute operational audit consultation for our clients, aiming towards helping businesses discover risks and provide insight on situations so they can adapt accordingly. In other news, LJ Finney was recently a guest instructor at KonnectGolf for professionals in business finance from JP Morgan and MUFG who were learning golf for career growth.

Finer Life Golf
Youth Construct

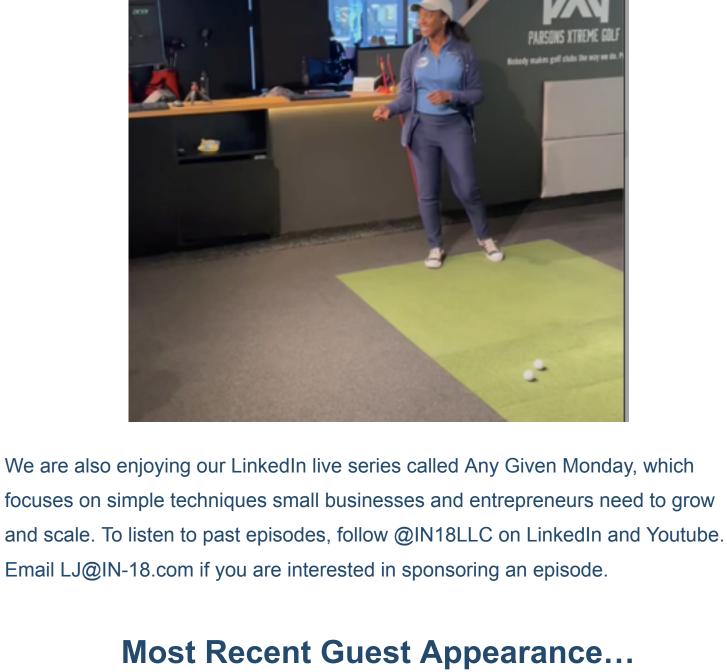
about. IN-18 is proud to support these local non-profits:

- The Current Project

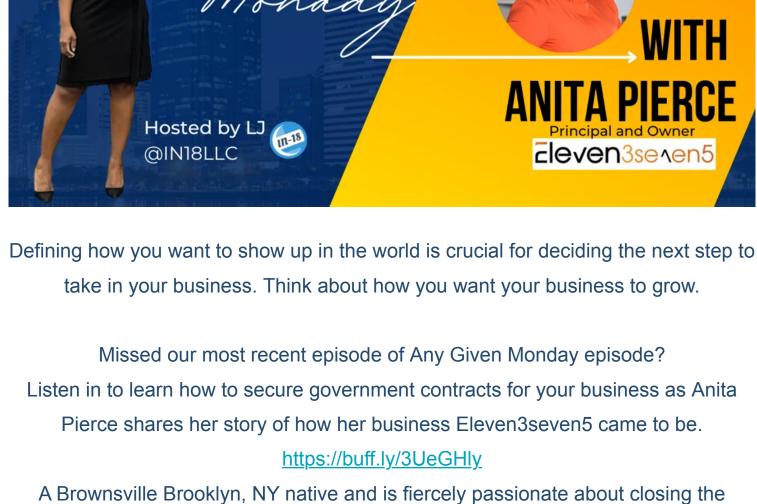




THE ENTREPRENEUR'S PLAYBOOK



Monday



Pierce designed a pathway for startups to become certified as MWBE's. She has collaborated with community based organizations to increase voter registrants and leveraged opportunities for recruitments for jobs in the most vulnerable communities. In previous roles, Pierce has developed leadership boot camps

knowledge gap between generations; She is considered an O.G (Original Guardian)

to many professionals. Pierce is the host and producer of two shows - The

Brownsville Minute, and The Real Journey of the Entrepreneur.

targeted for college students and raised money to provide educational support for disadvantaged youth.

Most recently, Pierce designed a Civic engagement program that elevates the voices of youth to be active within their communities at the local government level

within community boards, tenant associations and stakeholder groups.

Fun Fact: She speaks fluent Brooklyn, and went skydiving twice in one day.

Don't forget to subscribe to our YouTube channel

https://www.youtube.com/@IN18LLC (@IN18LLC)

At IN-18 LLC we provide a suite of strategic planning, leadership and business development services. We also use tools like golf for business development and to

help clients build authentic relationships. Our consulting services empower medium and large firms to operate more effectively, as a result they perform better.

Let's work together, contact <u>LJ@IN-18.com</u>.

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